



SOUTH COUNTY YOUTH SOCCER CLUB

COVID-19
Control Plan

Last Revised: September 11, 2020

South County Youth Soccer Club
148 High Street, Unit 1
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scysc1@gmail.com

Introduction

South County Youth Soccer Club (“SCYSC”) and its Board of Directors prioritizes the health, safety, and well-being of our players, coaches, and families. We also acknowledge the important role that organized team sports and physical activities have on our children within our community. With that in mind, we have considered the recommendations set forth by US Youth Soccer, Soccer Rhode Island, the CDC and state and local governments when establishing our protocols. The following control plan and guidelines have been established to guide our players, coaches and parents with their efforts to return to play during the COVID-19 pandemic.

Implementing the guidelines described herein will require cooperation and collaboration between SCYSC, coaches, parents and players. While SCYSC will do its best to create a safe environment for coaches and players, it is ultimately the parents’/guardians’ decision as to when to allow players to return to play.

These guidelines have been created utilizing public information and documentation available as of August 11, 2020. Due to the dynamic nature of the situation surrounding COVID-19, it is likely that this information will change over time. SCYSC will do its best to maintain compliance with all applicable rules, regulations and suggestions as they become available.

If you should have any questions, please contact us below.

Contact Information

Registrar & Club Manager:	Shirley Testa – Email: scysc1@gmail.com
President:	Mark Nadeau – Email: ml_nadeau@hotmail.com
Competitive Director:	Brian Corbett – Email: bcorbett82@gmail.com
Recreational Director:	Nikki McPeak – Email: scyscrecdirector@gmail.com

Face Masks & Covering

- Players must have a mask, which must be worn when entering and exiting the field. Players do not need to wear their mask while engaged in active play.
- Coaches, staff, volunteers, players and spectators should wear a face covering in accordance with RIDOH regulations and current executive orders when unable to easily, continuously, and measurably keep six feet of physical distance from others.

Social Distancing and Organizing Soccer Activities

- Families must take their player's temperature 15 minutes prior to leaving for training. Players and coaches must not attend practice if they have a fever or have any symptoms listed on the enclosed Reopening RI Self Screening Guide.
- All outdoor trainings will be limited to stable groups of no more than 50. The term "stable groups" means the same individuals, including players, coaches, staff, spectators and volunteers, remain in the same group over the course of the entire program. Participants are encouraged not to change from one stable group to another. Parents and caregivers should choose one stable group for their child per session.
 - Parents & spectators that continuously maintain at least 14 feet from the training activities (more distance is recommended) are considered a separate "stable group" and not considered within the limit of 50 described above.
- At the beginning of a training session, bags must be placed at designated spots, instructed by the Coach and/or Team Manager and continue to maintain 6 feet of distancing during breaks.
- Teams must strive to maintain a safe distance from others by keeping to their designated field space and times. These designated group areas will be at least 14 feet away from any other stable group practice area. Arriving to the field on time before training and quickly leaving the field after the end of training will ensure proper distancing from the next group or team scheduled on the field.
- Training sessions should focus primarily on practice, skill development, and strength/conditioning. Responsible scrimmaging is allowed within the same stable group. Coaches are encouraged to modify game rules to encourage safe scrimmage.
 - Games with teams outside of your stable group are not allowed at this time.
 - Pinnies are not allowed at this time. Please encourage your players to bring a "light/white" jersey and a "dark/blue" jersey to trainings.
 - Players should avoid touching cones and other field equipment.
 - No throw-ins are allowed. Instead, the team in possession is awarded an indirect free kick from the touch line.
 - No team snacks or team bench are permitted on the fields.
 - Whenever possible coaches will instruct players to refrain from proactive contact of other players.
- Each team will assign a Team Manager. Each Team Manager will be provided a COVID Equipment Bag including extra face masks, hand sanitizer, and disinfecting wipes. The COVID Equipment Bag will also include important information regarding Safe Screening and a link to input attendance. The COVID Equipment Bag must be available at all training and scrimmage sessions for a team.

- Players are strongly recommended to bring their own hand sanitizer and use it before and after the session.
- Players must bring their own ball and water bottle and not share their water.
- During water breaks, players must adhere to staying six feet apart.
- No handshakes, high fives or unnecessary contact.
- Trainings will be scheduled for designated days, properly spaced out, and staggered at least 15 minutes apart to avoid contact with other groups practicing in the same area.
- Practice schedules will specify the designated practice area and field entrance and reference these on the SCYSC Field Layout.
- Upon the conclusion of practice, players must return to their vehicle and leave.
- Only players, coaches, and Team Managers are allowed on the lined playing fields. Spectators should ensure at least six feet of physical distance between household groups and maintain at least 14 feet of space from the outer limit of play. Spectators must wear face coverings in accordance with current executive orders on face coverings. Players will be instructed to leave the facility if a player or their family does not follow the protocols. An entire team may be sent home if spectators repeatedly do not follow protocols
- Specific to Competitive Players/Coaches
 - Players are broken up into teams for specific team training at least once a week.
 - 2-3 teams are combined to make a “stable group” for purposes of joint technical training and for purposes of scrimmaging.
 - The Competitive Director will prepare a schedule for stable group scrimmages throughout the season(s).
 - If any other scrimmages, including more than one team of the stable group, is agreed upon by the coaches, please notify the Competitive Director in advance of the scheduled scrimmage, including field, date, and time.
- Specific to Recreational Players/Coaches
 - All outdoor recreational training will occur in "stable groups" of 30 individuals (including players, coaches and assistants).
 - Within these "stable groups", we will have 2 "stable pods" of a maximum of 15 individuals (up to 13 players, 1 Head Coach and 1 Assistant Coach/Team Manager). The Assistant Coach will function this season primarily as a Team Manager to perform the duties outlined above as well as assist the Head Coach as directed.
 - Traditionally, recreation soccer has consisted of 1 midweek "practice" and a "game" on Saturdays. This season, each "stable pod" will continue to hold a "training session" in the midweek and scrimmage on Saturdays.
 - Training sessions and scrimmages are scheduled in order to maintain stable groups.
 - Training sessions will focus primarily on practice, skill development, and strength/conditioning. Responsible scrimmaging is allowed within the same "stable group". Coaches will be encouraged to modify game rules to encourage safe scrimmage play (i.e. no throw-ins, goalies etc.).

Responding to a Positive Case or Outbreak

- SCYSC Competitive and Recreational Directors will work to educate coaches about COVID-19 guidelines in a pre-season meeting. The Directors will also share the SCYSC COVID Control Plan with all families and describe how to respond to a positive case.
- If a player, coach, or immediate household member has a fever or COVID-19 symptoms, they must remain home for 14 days and follow all health department guidelines.
- If a player, coach, or immediate household member tests positive for COVID-19, the parent/guardian should notify the Team Manager as soon as possible. The Team Manager must then notify the appropriate Competitive and Recreational Director. The Director will contact RIDOH immediately upon being informed of a positive case amongst our teams.
- If a player or coach on a team tests positive for COVID-19, the entire team or stable group (if it has been determined the player or coach has been in close contact with the other teams within the stable group) needs to quarantine for 14 days.
- The Director will work with RIDOH by providing requested information (such as attendance of individuals, teams, and stable groups) and provide families information on testing requirement, contact tracing, etc., as needed. SCYSC will rely on RIDOH on determining the minimum group to quarantine, if necessary, and may deem a larger population to be quarantined from the fields.
 - This highlights the importance of Team Manager and coaches to track attendance at each event (training, games, meetings, etc.)

Minimizing Access

- SCYSC membership should be aware of and utilize the Reopening RI Self Screening Guide. SCYSC will share the Reopening RI Self Screening Guide with membership via email and the website.
- The Team Manager must screen all players prior to each practice utilizing the screening tool questions in the Coach's Checklist. Players must answer "No" to all screening questions before being allowed at practice.
- The Team Manager must bring the COVID Equipment Bag to each training session.
- Team practices will be set by coaches in advance. The Directors must be notified in advance of any changes, to maintain the field grid with appropriate social distancing protocols.

Cleaning and Decontamination

- Players must bring their own hand sanitizer and use it directly before and after practice.
- Each Coach must wipe down their equipment after every practice.
- The bathrooms at Tuckertown Park and the porta potties at Broad Rock Middle School are operated by the Town of South Kingstown. Any issues with cleanliness or supplies should be brought to their attention.
- Please clean up your trash and area before leaving the field. Leave No Trace!



Family/Player Pre-Training Checklist

To protect the safety of all SCYSC families, families must comply with the checklist items below:

- Ø Take your child's temperature 15 minutes prior to departure for every training
- Ø Each child must have their own hand sanitizer
- Ø Do not bring food to practice and minimize amount of equipment in bags
- Ø Label water bottle with child's name and remind them not to share water
- Ø Handshakes, high fives, fist bumping or any unnecessary contact is prohibited
- Ø Clean/Sanitize child's equipment after each training
- Ø Parents must remain more than 14 feet from the outside of the training areas and are strongly encouraged to social distance from each other or remain in their vehicle during trainings. Do not group together near the entrance and exits of fields.

If your child has a temperature, you must not send them to practice.



Coaches/Manager Pre-Training Checklist

To protect the safety of all SCYSC families, coaches and managers must comply with the checklist items below:

Team Managers must ask all participants (players and coaches) these screening questions in order to practice:

- Ø Are you feeling ill or had any of the following symptoms in the past 3 days that are not explained by allergies or a non-infectious cause?
 - Cough
 - Nausea or vomiting
 - Fever or chills
 - Runny nose or stuffy nose
 - Sore throat
 - Fatigue or muscle aches
 - Headache
 - Diarrhea
 - Shortness of breath or difficulty breathing
 - Recent loss of taste or smell
- Ø Have you been in close contact (less than six feet) with anyone with COVID-19 or symptoms of COVID-19 in the past 14 days?
- Ø In the past 14 days, have you traveled anywhere outside the United States or anywhere outside of Rhode Island that currently has a stay-at-home restriction or similar restriction due to a COVID-19 outbreak?
- Ø Have you been directed to quarantine or isolate by the Rhode Island Department of Health or a healthcare provider in the past 14 days?

If a coach or player answered YES to any question above, they must leave immediately

- Ø Ask players if their equipment has been disinfected
- Ø Coaches should have a facemask and must wear it when within 6 feet of players
- Ø Ensure regular use of hand sanitizer
- Ø Ensure bags are placed at least 6 feet apart at spots designated by Team Manager/Coach
- Ø Ensure players stay at least 6 feet apart during water breaks
- Ø Clean/sanitize coaches' equipment after each training

SCYSC Field Layout

Tuckertown Park



** At least 14 feet between Spectators and playing field

Broad Rock Middle School



** At least 14 feet between Spectators and playing field

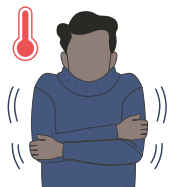
Brousseau Park



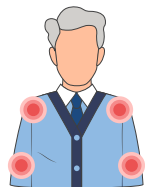
Please do not enter if you:

- have had any of the symptoms listed below in the past three days¹
- are a close contact of a person who tested positive for COVID-19 within the past 14 days²

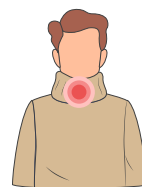
For the safety of our staff and guests, please **SELF SCREEN** for symptoms of COVID-19. Please do not enter if you have any of the following symptoms:¹



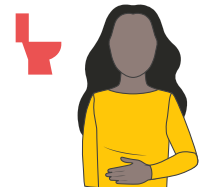
fever
or chills



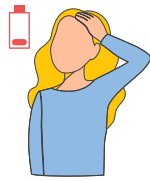
muscle or
body aches



sore throat or
runny/stuffy nose



headache, nausea,
vomiting or diarrhea



fatigue

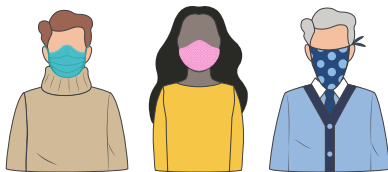


cough, shortness
of breath
or difficulty

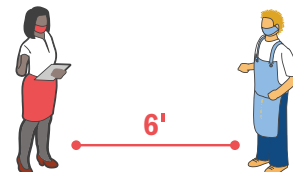


sudden loss of
taste or smell

RULES TO REMEMBER



When in public, wear a cloth face covering over your nose and mouth.



Stay at least six feet (about two arms' length) from other people.

¹You may enter if symptoms experienced can be explained by known allergies or non-infectious illnesses.

²Does not apply to people who come into contact with people with symptoms of COVID-19 during the course of their daily work while wearing full and appropriate personal protective equipment (PPE).

For questions or concerns, please call the Department of Business Regulation at 401-889-5550 or visit dbr.ri.gov/questioncomplaints/